

	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugar (g)	Protein (g)	Calcium (%DV)	Iron (%DV)	Vitamin A (%DV)	Vitamin C (%DV)
Serving Size 1/2 Cup (83G) • All information is subject to change as additional nutritional information becomes available															
Angel Food Cake	110	0	0	0	0	0	30	25	0	1	1	4%	0%	0%	0%
Spiced Apple Pie	100	0	0	0	0	0	70	21	0	17	3	10%	0%	0%	0%
Banana Pudding	100	0	0	0	0	0	55	22	0	16	3	15%	0%	0%	2%
Birthday Cake	130	25	3	2	0	35	75	22	0	17	3	10%	0%	2%	0%
Blueberry Acai Tart	120	0	0	0	0	0	65	24	0	23	4	15%	0%	0%	2%
Blueberry Burst	100	0	0	0	0	0	70	22	0	17	3	10%	0%	0%	0%
Bubble Gum	100	0	0	0	0	0	70	22	0	17	2	8%	0%	0%	0%
Cappuccino	100	0	0	0	0	5	85	21	0	16	4	15%	2%	0%	2%
Sweet Coconut	110	5	.5	.5	0	0	70	22	0	18	2	10%	0%	0%	0%
Cookies n Cream	110	5	0	0	0	0	90	25	0	18	3	10%	2%	0%	0%
Creamy Peanut Butter	140	5	2	2	0	10	110	19	0	15	4	10%	0%	2%	2%
Eggnog	110	5	0	0	0	5	75	23	0	18	2	10%	0%	0%	0%
Espresso	120	25	3	2	0	5	60	19	0	16	4	15%	0%	2%	4%
Georgia Peach	100	0	0	0	0	0	65	23	0	18	2	10%	0%	2%	8%
Ghirardelli Dark Chocolate	110	5	0	0	0	0	75	23	1	17	3	10%	2%	0%	0%
Gingerbread	100	0	0	0	0	0	75	21	0	15	3	10%	0%	0%	0%
Green Tea Tart	90	0	0	0	0	0	65	20	0	13	3	10%	0%	2%	0%
Toffee	110	10	1	0.5	0	5	85	23	0	17	2	10%	0%	0%	0%
Irish Mint	100	0	0	0	0	5	70	22	0	18	3	10%	0%	0%	0%
Island Banana	100	0	0	0	0	5	80	21	0	17	3	10%	0%	0%	2%
Juicy Orange	100	0	0	0	0	5	80	22	0	18	3	10%	0%	0%	2%
Lemon Ice Box Pie	110	0	0	0	0	0	55	23	0	18	3	10%	0%	0%	2%
Mango Sorbet	90	0	0	0	0	0	0	22	0	19	0	0%	0%	0%	0%
Milk Chocolate	110	5	0	0	0	5	80	24	0	20	3	10%	2%	0%	0%
New York Cheesecake	110	5	0	0	0	10	75	22	0	17	4	15%	0%	2%	2%
Original Tart	90	0	0	0	0	0	65	20	0	15	3	10	0	2	2
Peach Mango Tart	100	0	0	0	0	0	55	22	0	18	3	10%	0%	6%	10%
Peppermint Stick	100	0	0	0	0	5	70	20	0	17	3	10%	0%	0%	0%
Pistachio	100	0	0	0	0	5	75	22	0	18	3	10%	0%	0%	0%
Pomegranate	120	0	0	0	0	0	90	24	0	23	4	15%	0%	0%	2%
Pumpkin Spice	110	0	0	0	0	5	80	23	0	18	3	10%	0%	2%	2%
Pure Vanilla	100	0	0	0	0	5	70	20	0	17	3	10%	0%	0%	0%
Red Velvet Cake	140	30	3.5	2	0	20	95	25	9	19	3	10%	2%	2%	0%
Rocky Road	120	15	1.5	0	0	0	65	24	>1	20	4	15%	8%	0%	8%
Rootbeer Float	100	0	0	0	0	5	80	22	0	18	3	10%	0%	0%	0%
Snickerdoodle Cookie Dough	100	0	0	0	0	5	70	20	0	17	3	10%	0%	0%	0%
Strawberry	100	0	0	0	0	0	65	20	0	17	3	10%	0%	0%	4%
Pink Lemonade Sorbet	80	0	0	0	0	0	0	21	0	15	0	0%	0%	0%	10%
Thin Mint Cookies	110	5	0	0	0	5	90	24	0	17	3	10%	2%	0%	0%
Berrylicious Sorbet	90	0	0	0	0	0	0	22	1	16	0	0%	0%	0%	4%

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	Serving Size 1/2 Cup (83G) • All information is subject to change as additional nutritional information becomes available														

Watermelon Sorbet	90	0	0	0	0	0	0	22	0	16	0	0%	0%	0%	2%
White Hot Chocolate	140	25	2.5	2	0	5	55	25	0	21	3	15%	0%	2%	2%
NSA Pure Vanilla	80	0	0	0	0	5	85	19	3	6	4	15%	0%	0%	2%
NSA Milk Chocolate	90	5	0	0	0	5	100	20	3	6	4	15%	2%	0%	2%
NSA Raspberry	70	0	0	0	0	0	80	17	3	6	4	15%	0%	0%	2%
Homemade Banana Nut Bread	107	0	0	0	0	0	0	22	0	18	3	0%	0%	0%	0%
Strawberry Kiwi Splash Sorbet															
Salted Caramel Pretzel	120	25	3	2	0	5	170	19	0	16	4	15	0	2	4
Homemade Funfetti Cupcake															
Tropical Tart															
Key Lime Cheesecake	100	3	0	0	0	5	40	23	0	18	2	8	5	0	3
Organic Signature Tart															
Homemade Milky Way	120		3	1				22		14	3				
Cinnamon Graham															
Lemon Greek	90	0	0	0	0	0	80	16	0	11	7	15	0	0	2
Malted Milk Egg	110	0	0	0	0	0	70	22	0	17	4	15	0	0	4
Homemade Cinnamon Graham															
Peppermint Stick	110	0	0	0		0	55	22	0	17	4	15	0	0	2
Carrot Cake	100	0	0	0	0	0	80	21	0	16	3	10	0	20	2
Creamy Caramel	140	30	3	2	0	30	70	23	0	18	3	10	0	2	0
Pomegranate Raspberry Sorbet	100	0	0	0	0	0	0	23	0	18	0	0	0	0	2
Warm Sticky Bun	130	25	3	2	0	10	70	22	0	18	4	15	0	2	4
NSA Strawberry Banana	80	0	0	0	0	5	80	18	3	6	4	15	0	0	2
NSA Cheesecake	80	0	0	0	0	5	80	19	3	6	3	15	0	0	2
Pink Grapefruit Tart	90	0	0	0	0	0	25	19	0	13	2	6	0	0	0
Toasted Marshmallow	100	0	.5	0	0	0	60	22	0	13	3	10	0	0	0
Cotton Candy	90	0	0	0	0	0	65	20	0	17	3	10	0	0	0
Fudgesicle	100														
Java Caramel Cup Greek	110	15	1.5	1	0	10	35	19	0	15	6	20	0	0	2
Iced Coffee	90	0	0	0	0	0	70	20	0	16	3	10	0	0	0
Candy Bar Smash	130	20	2	.5	0	0	85	23	0	17	4	15	0	0	2
Zeusberries Greek	110	15	2	1.5	0	10	35	19	0	15	6	20	0	0	2
Cherry Limeade Sorbet	90	0	0	0	0	0	0	21	0	18	0	0	0	0	0
Chocolate Caramel Turtle	130	15	2	1	0	10	105	25	0	19	3	10	0	0	0
Mint Chocolate Chip	110	0	0	0	0	0	50	24	0	18	4	15	0	0	2
Marshmallow Crispy Treat	110	0	0	0	0	0	65	23	0	20	4	15	0	0	2
NSA Strawberry	70	0	0	0	0	0	75	18	3	6	3	10	0	0	2
Butter Toffee Popcorn	100	0	0	0	0	0	160	22	0	16	4	15	0	0	2
French Toast	100	0	0	0	0	10	85	21	0	17	4	15	0	0	0
Hawaiian Pineapple	100	5	0	0	0	0	70	22	0	17	2	10%	0%	0%	0%

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Key Lime Bar															
Natural Vanilla	110	25	3	1.5	0	25	70	19	0	15	4	10	0	0	0
Green Apple Sorbet	90	0	0	0	0	0	0	22	0	16	0	0	0	0	0
Homemade Dark Chocolate Sea Salt															
Double Fudge Brownie Batter	120	5	.5	0	0	10	65	24	0	19	3	8	4	0	0
Homemade Oreo Batter															
Homemade Fuzzy Navel															
Homemade Strawberry Colada															
Homemade Peanut Butter Macaroon															
Fruit Punch	100	5		0	0	5	75	22	0	18	3	10%	0%		
Chocolate Chip Cookie Dough	140		5	3.5	0	40	70	19	0	18	4	15%	2%	6	2
Hazelnut	140	50	6	3.5	0	20	55	20	0	15	2	0			

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